

Moving and Handling of People

Suitable For:

This course is designed for anyone working in the care sector industry or who are involved in Client Handling or have an interest in this area of care.

Aims & Objectives:

This course will increase and equip each candidate with the theoretical, and practical skills associated with moving and handling people.

Course Content:

- Legislation
- Safe principles of moving objects
- Posture and Movement
- Ergonomics of moving and handling
- The condemned moving and handling techniques. Demonstration of correct moving and handling people techniques
- Turning and sitting a client in bed
- Standing transfers
- How to assist walking
- Sitting clients forward
- The use of hoists
- Transfer of client from bed to chair
- Safe techniques to be used in emergency situations
- Practical assessments

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| Course Duration: | ½ Day | Max No. of Delegates: | 12 |
| Exam: | Practical Assessment | Location: | Stowan Training Centre or your Site |

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| Certification: | Valid for 12 months |
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