

Harnesses and Lanyards (Safe Use and Inspection)

Suitable For:

Anyone who provides or uses harnesses at work.

Aims And Objectives:

To provide delegates with the practical knowledge and skills to identify the selection, use, storage, maintenance and inspection of Harnesses and Lanyards.
It also covers all the relevant health & safety laws including Working at Height Regulations 2005.

Course Content:

- Overview of relevant Health & Safety Laws and Regulations including Working at Height Regulations 2005
- Responsibility of employees and their employers under these laws and Regulations
- Lifting Operations & Lifting Equipment Regulations
- Personal Protective Equipment at Work Regulations 1992 (as amended)
- Guidance on when Safety Harnesses and Lanyards need to be worn
- Understanding the difference between Fall Arrest and Fall Restraint
- Anchorages & selection of Approved Connectors
- Pre Use and Post Use Inspections
- Identifying faults and damage
- Reporting of loss or defective Equipment
- Deployed Lanyards & Blocks subjected to Falls
- Storage and Cleaning of Harnesses and Lanyards
- Lifting policy for Harnesses and Inspections
- Practical Instruction/Assessment

Course Duration:	½ Day	Max No. of Delegates:	12
Exam:	Practical Assessment	Location:	Stowan Training Centre (if client brings own equipment) or your Site

Certification:

Awarded on completion