

HSE First Aid Annual Refresher

Suitable For:

Those who hold a current Emergency First Aid or First Aid at Work Certificate

Aims:

To practise and update your skills during your three year period as a qualified first aider.

Course Content:

- Unconsciousness
- Cardiac arrest and Cardiopulmonary Resuscitation
- Choking procedures
- Blood loss and shock

Course Duration:	3 hours	Max No. of Delegates:	12
Exam:	Continual Assessment	Location:	Stowan Training Centre or your Site
Certification	Valid for 12 months		