

**HSE Approved First Aid at Work – Re-qualification**

This course updates the first aid skills for people who need to renew their statutory first aid at work certificate and whose existing certificate is still valid.

**Suitable For:**

Those wishing to renew their valid FAAW Certificate

**Aims & Objectives:**

To renew current First Aid at Work certificate by updating and refreshing knowledge

**Course Content:**

- Legislation To consider the importance of accurate record keeping
- Record keeping
- First aid equipment
- Priorities at the scene of an emergency
- Hypoxia
- Unconsciousness
- Cardiac arrest and Cardiopulmonary Resuscitation
- Choking procedures
- Asthma
- Fainting
- Anaphylaxis
- Wounds, Bleeding & Hypovolaemic Shock
- Heart Conditions
- Stroke
- Head injuries
- Epilepsy
- Diabetes
- Poisoning
- Smoke/Gas Inhalation
- Fractures
- Scalds and Burns

<b>Course Duration:</b>	2 Days	<b>Max No. of Delegates:</b>	12
<b>Exam:</b>	Theoretical and Practical Assessment	<b>Location:</b>	Stowan Training Centre or your Site

<b>Certification:</b>	Valid for 3 years Annual refresher strongly recommended
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