

First Aid Awareness

Suitable For:

Those who require a basic understanding of emergency life support:
--

Aims:

- | |
|---|
| <ul style="list-style-type: none"> • To be familiar with the principles of first aid • To be able to deal with a first aid emergency effectively until help arrives |
|---|

Course Content:

- | |
|--|
| <ul style="list-style-type: none"> • Priorities at the scene of an emergency • Unconsciousness • Cardiac arrest and Cardiopulmonary Resuscitation • Choking procedures |
|--|

Course Duration:	2 hours	Max No. of Delegates:	12
Exam:	Continual Assessment	Location:	Stowan Training Centre or your Site

Certification	Valid for 3 years
----------------------	-------------------