

Diabetes Awareness

Suitable For:

Anyone with an interest in learning about diabetes or staff who care for clients who have diabetes

Aims And Objectives:

- To help carers understand the cause, types, and risk factors of diabetes
- To help carers to care effectively for those who have diabetes

Course Content:

- What is diabetes?
- Anatomy and physiology: basic glucose metabolism
- Diagnostic test and investigations
- Hypo and Hyperglycaemia - signs and symptoms
- Treatment of diabetes
- Principles of dietary control
- Treatment of diabetes - insulin and oral hypoglycaemics
- Complications associated with diabetes
- Assessment and Evaluation

Course Duration:	½ Day	Max No. of Delegates:	12
Exam:	Continual assessment	Location:	Stowan Training Centre or your Site

Certification	Valid for 3 years
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